

Instructions for the patient, Eksote

HOME CARE OF A STITCHED WOUND

Stitches have been sewn into the skin surrounding the operated area to close the wound.

RESTRICTIONS

Sauna, swimming, and bathing are allowed 24 hours after removal of the stitches.

HOME CARE

Touching the wound should be avoided, and the wound must be kept clean. Hands should always be washed before and after dressings are changed.

Showering is allowed 24-48 hours after the operation but the wound must not be soaped or scrubbed. Dressings should be removed before showering. The wound should be dried by patting it with a towel, after which it should be covered with a new dressing/plaster.

PLEASE NOTE

Contact the treatment unit or your own healthcare centre in case of sudden pain, discharge, swelling or bad smell in the wound area.

You will be informed of the results of the biopsy:

- by letter
- by phone in accordance with your appointment
- through the e-service (requires an e-service contract)

Stitches can be removed on __/__/____

- at the operating unit
- at a healthcare centre or occupational healthcare unit

South Karelia Social and Health Care District
Infections unit

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